

A young man with short brown hair, wearing a black and white horizontally striped t-shirt, is the central focus. He is smiling slightly and looking towards the camera. He is holding a mallet with a green, fuzzy head. In the background, other people wearing similar striped shirts are visible, some also holding mallets, suggesting a band or musical group. The setting appears to be outdoors during the day. A dark blue rounded rectangular banner is overlaid on the image, containing the text 'Banda Rulli Frulli' in white. The man is also wearing a black watch on his left wrist and several colorful bracelets on his right wrist.

Banda Rulli Frulli

THE PROJECT

Banda Rulli Frulli is an inclusive ensemble music project based in Finale Emilia (Modena, Italy). It was created by Federico Alberghini within the context of the Fondazione Scuola di Musica Carlo e Guglielmo Andreoli (a music school), in collaboration with the pediatric psychiatry service of Mirandola's local health care service. Rulli Frulli is a diverse group in terms of age, gender, and abilities, comprised of aspiring musicians from the age of 11 to 30 years old. It currently involves 70 members both abled and differently-abled. Thanks to the collaboration with the pediatric psychiatry service in Mirandola (Modena, Italy), in all these years Rulli Frulli has succeeded in the inclusion of 20 differently-abled participants who are not followed by any tutor.

Rulli Frulli is an inclusive band, but most importantly, it's a project holding important social principles. Every participant is valued within the musical ensemble context, where they participate bringing their utmost from rehearsal to live concerts. Shows are rehearsed in the winter, while during the summer the band tours all around Italy and abroad, counting over 200 concerts!

CARRIER

Some of the most significant performances of Banda Rulli Frulli are the following:

Italy pavilion opening at Expo 2015

1st of May concert in Rome (2016)

Radio 3 concert (2016)

Performance in the presence of His Holiness Pope Francis, Mirandola (MO) (2017)

Participation to the "Stasera Casa Mika" tv show on RAI 2

Concert at Circo Massimo with the presence of His Holiness Pope Francis, Rome (2019)

Materadio for Matera Capital city of Culture (2019)

Lugano Buskers, Switzerland (2022)

Nice Festival, Turin (2022)

Orme Festival, Switzerland (2023)

Sardinia Tour in Sant'Antioco, Gonnese, Iglesias (2023)

Many were the concerts for the "Corriere Buone Notizie" (Good News Courier) during the Civil Week in Milan, the latest being alongside "Amici della Nave" (Friends of the Ship) for a unique concert between Banda Rulli Frulli and former inmates of the San Vittore prison (2023).



UPCYCLED MUSIC

Rulli Frulli is an experimental project focused on sound research. Selecting scrap materials and discovering their sound, and trying to find a way to transform them into instruments is the choice at the foundation of the musical expression of this band. This instinctive way of getting in contact with the matter allows these young musicians to instantly experience the universal language of rhythm. Moreover, the workshop approach lets everyone experiment in first person what it means to give renewed value to things, by inventing, experimenting, assembling and trying out new solutions in order to make ideas reality.

The instrument building workshop goes in tandem with the musical workshop, which shapes the concert-shows that are presented on tour during the summer. Using scrap material to build drums and percussion instruments, basically building all of your sound on instruments which are not really instruments is a big challenge. But with the right mindset every material finds its way into music and the final results are amazing.



Banda Rulli Frulli is appreciated not only for the music but also for its social values. Thanks to teachers, musicians and parents that are involved in this adventure, the band has always succeeded in its pedagogical intent and generative mindset.

The experience matured starting from Banda Rulli Frulli has allowed the coordinators to export this newly developed teaching method to every kind of school and social projects. Over the years the number of the participants of Rulli Frulli projects across Italy has risen up to 2800 including kids, teenagers, young adults, adults, both able and differently abled. Among these projects we'd like to mention the ones started in: Finale Emilia (MO), San Patrignano community (RN), Modena, Bologna, Reggio Emilia, Riccione, Ferrara, Brescia, Parma, Berceto (PR), Acqui Terme (AL), Rome, Caivano, Isernia.



THE TEACHING METHOD

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Si può fare integrazione attraverso la musica? E può un gruppo valorizzare le abilità di ciascuno e al tempo stesso tessere una trama di relazioni che trasmettano senso di appartenenza? L'esperienza della banda Rulli Frulli prova che, a volte, le idee più audaci — come mettere in piedi una banda di ragazzi e ragazze di età e abilità diverse che suonano strumenti musicali costruiti con materiali di riciclo — non solo diventano realtà, ma trasformano positivamente la vita di molti: nata a Finale Emilia nel 2011 e cresciuta durante il difficile periodo del terremoto, la banda è arrivata a esibirsi su palcoscenici nazionali e internazionali e a dare vita a un ecosistema di progetti, laboratori e attività che coinvolge ormai centinaia di persone. Il volume, frutto di una ricerca condotta nella prospettiva della generatività sociale, ricostruisce la storia e il metodo di lavoro della Rulli Frulli e racconta i numerosi processi abilitanti avviati in questi anni a livello interpersonale, comunitario e territoriale. Per mostrare che la capacità della banda di generare valore nasce da un'intuizione tanto semplice quanto potente: accogliendosi, rispettandosi e valorizzandosi a vicenda è possibile far rifiorire l'intera società.

GENERATIVITY

The ability of Banda Rulli Frulli to carry on social integration through music, valuing the skills of each participant and weaving a solid web of meaningful relationships drove the Associazione di Promozione Sociale Rulli Frulli Lab (Rulli Frulli Lab social promotion association) to create the Stazione Rulli Frulli (Rulli Frulli Station). This is a multifunctional area for high quality inclusive job experiences and community gathering also for younger generations. It was inaugurated in May 2022 by the President of the Italian Republic Sergio Mattarella. Currently, the Rulli Frulli Station is the flagship of the Emilia-Romagna region and is the new home for Banda Rulli Frulli and the many projects born from its generative foundations such as: AstronaveLab, RulliFood, Rulli Frulli Station Radio and Platform Zero. All of these activities are different but the approach is the same, the person and its wellbeing is put first, meaning that every person's skills are valued, assuring a feeling of belonging to a big community.



Banda Rulli Frulli aims to involve all its participants, overcoming disability barriers, as they are united by the desire to make music together. The synergy between Rulli Frulli and the surrounding social environment created many mutually virtuous circles which gave birth to a plethora of parallel projects and a community of proactive people who collaborate for the greater good. Since May 2022, when President of the Italian Republic Sergio Mattarella inaugurated the Rulli Frulli Station, this place has served as an open centre for the whole community in Finale Emilia, as well as being home for many new projects, and it will continue to be so for many years to come.





È UN PROGETTO DI



REALIZZATO COL SOSTEGNO DI

